

Cancer_oNet™ Bulletin

Trusted cancer information from the American Society of Clinical Oncology

THIS MONTH ON CANCER.NET: Olympic swimmer Eric Shanteau and ASCO leaders visit Wall Street, going back to school and work after cancer, where to turn for questions on clinical trials, and much more!

August 2009

✉ FORWARD TO A FRIEND >>

Clinical Trials: Where to Turn

When thinking about clinical trials, there's a lot to consider: How do I learn the benefits and risks of a specific clinical trial? How do I enroll in one? What questions and other matters should I ask the doctor and research team? Get answers to your questions on **clinical trials** from Cancer.Net, and get links to more resources to help you learn about your options and decide what's right for you.

A good starting point is to understand how **drug development and approval** works and the different **phases of clinical trials**. For example, the goal of a phase II clinical trial differs from a phase III

Must See

Olympian and ASCO Leaders Visit Wall Street: Find out why Olympic swimmer and testicular cancer survivor Eric Shanteau rang the closing bell of the New York Stock Exchange on August 19, along with ASCO leaders. Listen to Eric talk about his experience with testicular cancer in this special **podcast** and get links to more information on survivorship, cancer screening and prevention, and becoming a cancer advocate. Plus, read what Eric's physician, Larry Einhorn, MD, tells men about testicular cancer in this **expert perspective**.

What the Experts Say About Cancer.Net: Watch Cancer.Net Editor-in-Chief Diane Blum, MSW, and other ASCO members explain why the website is the first resource they turn to when working with patients and their families.



clinical trial, which may affect your decision to participate in a specific clinical trial. Read what safeguards are in place to promote **patient safety** in clinical trials, including the organizations and government agencies that oversee them. To find a clinical trial, there are many options: get links to **databases and matching services**, seek a **second opinion** from an oncologist experienced with clinical trials, contact a **patient information resource**, or call your **local or regional cancer center**.

Learning more about clinical trials and your options often brings up many questions for your doctor and the research team. Get this suggested **list of questions** on a variety of topics and ask the ones appropriate for your situation.

Participating in a clinical trial also means going through the process of informed consent to help you understand the investigational treatment, the benefits and risks, and more. Read all about informed consent in this **expert perspective**.

Once you gather all the needed information, enrolling in a clinical trial

Cancer.Net Feature Articles

Practical, how-to information on a variety of topics for people living with cancer. The latest Features include:

Supporting a Friend Who Has Cancer

Sometimes it's hard to know exactly what to say or do for a friend coping with cancer. These tips will help you show your support.

Finding Comfort Through Journaling

Thinking about keeping a journal during your treatment? Learn how it may help and read tips on getting started.

Veterans and Cancer

Some members of the U.S. armed forces were exposed to substances that were later found to cause cancer. Know what these risks are and get connected to programs to help veterans.

EKG and Echocardiogram-What to Expect

Some people with cancer receiving chemotherapy and other treatments may need to have these procedures. Find out what will happen before stepping into the examination room.

Coping With Cancer Through Humor

We all need to laugh once in a while, but see why turning to humor more during your treatment can help you cope.

*Stay up-to-date on the latest Cancer.Net Features by subscribing to our **RSS feed!** You'll need a feed aggregator such as Google Reader or Bloglines in order to subscribe. And don't forget that you can also check out 180+ other **Cancer.Net Features***

can still be a tough decision. Read this guidance on **deciding to participate** and more on the benefits and risks of clinical trials. Whatever you decide, learning about your options for clinical trials helps you take a more active role in your health care, plus the chance to learn about promising treatments for your cancer.

Attention Patient Advocates: 2009 Breast Cancer Symposium

Patient advocates are invited to register for the **2009 Breast Cancer Symposium** being held on **October 8 to 10, 2009**, at the San Francisco Marriott. This third annual Symposium consists of various educational sessions that highlight clinically relevant translational science that affects the care and management of people with breast cancer. For further information on the Symposium as well as the program agenda, please visit the Symposium website at *www.breastcasymposium.org*.

Patient advocates may register at the discounted rate of **\$250 before or**

Cancer.Net Podcasts

Free audio files that address a variety of topics important to Cancer.Net visitors, providing a new option on how to receive doctor-approved information.

Keeping a Personal Medical Record

To help better manage your care, hear these tips on what to include in your medical record and how to compile and organize it.

Patient Resource Publishing, with Linette Atwood

Listen to a survivor and creator of guides that provide information on cancer care and treatment share her story.

Have You Seen...

Going Back to Work and School

The end of August marks the time to get ready to go back to school, but for some children, teens, and young adults with cancer, heading back to school after an absence because of treatment can be tough. What steps can parents take to help make their child's transition easier? Read this **expert perspective** from clinical psychologist Karen Fasciano, PsyD, on steps to take, including how to work with teachers and counselors, and how to know if your child may not be coping well at school. Get more tips on **cancer and school**, such as how to keep up with schoolwork.

on September 9. All registration forms must be received no later than September 29. This discounted rate is available for up to two representatives per organization.

For more information and to register, please e-mail patientadvocates@asco.org.

For more information on *News and Events*, use the blue navigation bar below to explore this and other sections of Cancer.Net.

Cancer Types ▶

Learning About Cancer ▶

Diagnosis and Treatment ▶

Coping ▶

Survivorship ▶

Advocacy and Policy ▶

Library ▶

ASCO Resources ▶

News and Events ▶

Cancer.Net En Español ▶



Returning to work after cancer treatment also brings up special concerns and considerations. Get tips for a smooth transition when **going back to work**, including how to talk with coworkers and others about your experience. Know all of your rights in the workplace when it comes to disability? Read up on **dealing with discrimination** and learn how to avoid or prevent it or what steps to take if it does happen.



For more information about ASCO's patient information resources, visit www.cancer.net or call 888-651-3038.



Making a world of difference in cancer care

Read the latest updates to some of the website's sections of cancer types and cancer-related syndromes, including:

Acute Lymphocytic Leukemia (ALL)
Acute Myeloid Leukemia (AML)
Amyloidosis
Appendix Cancer
Brain Tumor
Carney Complex
Childhood Brain Stem Glioma
Childhood Central Nervous System Tumor
Childhood Desmoplastic Infantile Ganglioglioma
Childhood Ependymoma
Childhood Medulloblastoma
Chronic Lymphocytic Leukemia (CLL)
Colorectal Cancer
Hereditary Mixed Polyposis Syndrome
Hereditary Non-Polyposis Colorectal Cancer
Juvenile Polyposis Syndrome
MYH-Associated Polyposis

Quick Links

Direct access to key sections of Cancer.Net:

- [Newly Diagnosed? First Steps to Take](#)
- [Find an Oncologist](#)
- [Clinical Trials](#)
- [Managing Side Effects](#)
- [Survivorship: Next Steps to Take](#)

The ASCO Cancer Foundation

To make a world of difference in cancer care, please **donate** to The ASCO Cancer Foundation in support of patient and family programs.



[about us](#) :: [contact us](#) :: [privacy policy](#)

Cancer.Net Bulletin is a monthly newsletter highlighting new content and features of the American Society of Clinical Oncology's (ASCO) patient information website, Cancer.Net (www.cancer.net). Cancer.Net brings the expertise and resources of ASCO, the voice of the world's cancer physicians, to people living with cancer and those who care for and care about them. ASCO is composed of more than 27,000 oncologists globally who are the leaders in advancing cancer care. All the information and content on Cancer.Net was developed and approved by the cancer doctors who are members of ASCO, making Cancer.Net the most up-to-date and trusted resource for cancer information on the Internet. Cancer.Net is made possible by The ASCO Cancer Foundation, which provides support for cutting-edge cancer research, professional education, and patient and family support.

Powered By
ExactTarget.
Learn More →