

Cancer_oNet™ Bulletin

Trusted cancer information from the American Society of Clinical Oncology

THIS MONTH ON CANCER.NET: Latest news for patients from the 2009 Breast Cancer Symposium, hormone therapy options for early-stage breast cancer, food safety during and after cancer treatment, help with managing side effects, and much more!

October 2009

✉ FORWARD TO A FRIEND >>

Looking for Help on Managing Side Effects?

Get practical tips on managing more than 40 common side effects of cancer and cancer treatments (also **en Español**). Much of the information is adapted from an American Society of Clinical Oncology (ASCO) curriculum that teaches doctors about understanding and treating side effects. Get the facts on the symptoms, causes, diagnosis, and treatment of side effects, including

Anxiety
Depression
Diarrhea
Dry Mouth
Fatigue
Mouth Sores

Must See

News for Patients From the 2009 Breast Cancer Symposium: Top experts in breast cancer met last week in San Francisco to discuss the latest research advances. Get the details on the news, including the benefits of mammography and ultrasound, how a tumor analysis may predict effectiveness of chemotherapy, and more. Plus, listen to Lori Pierce, MD, explain these headlines and what they mean for patients in this **special podcast**.



Nausea and Vomiting
Pain
Skin Problems
Weight Loss
.... and more

ASCO and Cancer.Net Partner With U.S. Figure Skating to Raise Cancer Awareness

Save the Date: Watch figure skaters compete at the **2009 Cancer.Net Skate America** competition on **Sunday, November 15, 2009 from 2-4 PM EST on NBC.**

ASCO is pleased to announce a partnership with U.S. Figure Skating in the fight against cancer. Cancer.Net is the public face of the partnership and will serve as the title sponsor of Skate America, U.S. Figure Skating's premier annual international event held November 12-15 in Lake Placid, New York. With this new relationship, the fight against all cancers will become an official cause of U.S. Figure Skating.

Learn more about the partnership between ASCO and U.S. Figure Skating.

Cancer.Net Feature Articles

Practical, how-to information on a variety of topics for people living with cancer. The latest Features include:

When to Call the Doctor During Cancer Treatment

Some side effects, such as infections, deep vein thrombosis, and tumor lysis syndrome, require an immediate call to your doctor. Learn the symptoms to watch out for, and tips on connecting with your health care team in an emergency.

ASCO Expert Corner: Hormone Therapy Options for Early-Stage Breast Cancer

Get this guidance from Clifford A. Hudis, MD, on the differences between tamoxifen and aromatase inhibitors, plus what questions to ask your doctor when starting treatment.

How an Oncology Social Worker Can Help

Need help navigating the health care system, or looking for support services? These health care professionals are a great place to start--read all about what they do.

Food Safety During and After Cancer Treatment

Don't miss these important safety tips to help avoid food poisoning--especially during treatment and for a period afterwards when your immune system is weaker.

Cancer.Net Podcasts

Free audio files that address a variety of topics important to Cancer.Net visitors, providing a new option on how to receive doctor-approved information.

Leg Swelling After Cancer Treatment

Listen to what to know about leg lymphedema--a condition where legs swell up due to the effects of certain types of cancer or its treatment--and hear eight tips on managing it.



A celebration
of
survivorship,
song,
and sport.

Cancer.Net
www.cancer.net



Have you seen...

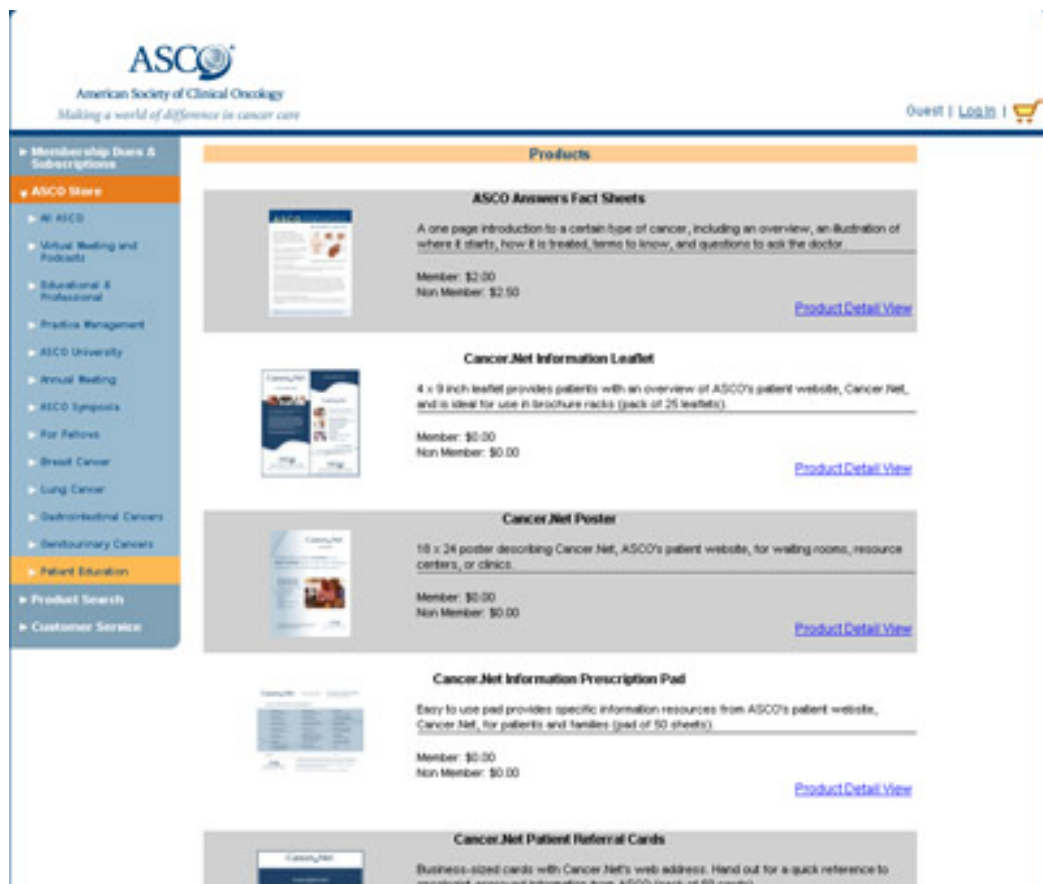
Cancer.Net
Making a world of difference in cancer care



Just in: The Cancer.Net Guide to Breast Cancer

This newly updated guide covers all the basics of breast cancer from diagnosis and screening to treatment to survivorship. Or, for a quick introduction on breast cancer to share with others, check out this **fact sheet**.

Order your copies of the guide and fact sheet. Beginning October 13, Cancer.Net patient education and promotional materials will be available through the **ASCO Bookstore**. New pricing for the ASCO Answers Fact Sheets and Guides to Cancer will also take effect.





AIRING on FOX

Thanksgiving Day
November 26, 2009
from 4-5:30 PM EST

Cancer Types ▶

Learning About Cancer ▶

Diagnosis and Treatment ▶

Coping ▶

Survivorship ▶

Advocacy and Policy ▶

Library ▶

ASCO Resources ▶

News and Events ▶

Cancer.Net En Español ▶

For more information about ASCO's patient information resources, visit www.cancer.net or call 888-651-3038.



Making a world of difference in cancer care

Read the latest updates to some of the website's sections of **cancer types and cancer-related syndromes**, including:

Breast Cancer

Multiple Endocrine Neoplasia, Type 1 (MEN1)

Multiple Endocrine Neoplasia, Type 2 (MEN2)

Prostate Cancer

Sarcoma (including Alveolar Soft Part and Cardiac Sarcoma and Kaposi's Sarcoma)

Salivary Gland Cancer

Thyroid Cancer

Updated cancer types that have been translated into **Spanish** include:

Leucemia linfocítica aguda (ALL) en adultos (acute lymphocytic leukemia)

Leucemia mieloide aguda (AML) en adultos (acute myeloid leukemia)

Leucemia linfocítica crónica (CLL) en adultos (chronic lymphocytic leukemia)

New Spanish sections on Cancer.Net include:

Cuando el medico dice "cáncer" (When the doctor says cancer)

Diálogo con su pareja o cónyuge sobre el cancer (Talking with your spouse or partner about cancer)

Quick Links

Direct access to key sections of Cancer.Net:

