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People Living With Cancer



ASCO  
AMERICAN SOCIETY OF CLINICAL ONCOLOGY

# PLWC Bulletin

Oncologist-approved cancer information from the American Society of Clinical Oncology

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July 2006

✉ FORWARD TO A FRIEND >>

## PLWC's New Look!

People Living with Cancer (www.plwc.org), the patient information website from the American Society of Clinical Oncology (ASCO), has been refreshed with a new design aimed at providing more user-friendly navigation so you can quickly find oncologist-approved information on your topic of choice.

We invite you to visit PLWC now and use what you learn as you discuss options with your family, doctor, and health-care team!

## New on PLWC

- **Reader Survey on Clinical Trials.** Take this PLWC online survey now and test your knowledge about clinical trials for people with cancer!
- **Q&A Forum: Cancer in Older Adults.** This week, Hyman Muss, MD, responds to readers' questions, ranging from treatment options to coping skills.
- **Q&A Transcript: Cancer in Children, Teens, and Young Adults.** Earlier this month, Archie Bleyer, MD, and Gregory Reaman, MD, answered PLWC visitors' questions about some of the most pressing concerns for this age group.
- **ASCO Patient Guide: Preserving the Larynx During Cancer Treatment.** Learn more about recommended larynx preservation therapies for patients with laryngeal cancer, one of the most common head and neck cancers.
- **Cancer Advances: Chest X-ray May Increase Breast Cancer Risk Among Women with BRCA 1/2 Mutations.** A new analysis is available that shows that radiation from chest X-rays may increase the risk of breast cancer among women who carry genetic abnormalities already associated with heightened risk for the disease.
- **New Spanish-language Cancer Type: Sarcoma de tejido blando.** The latest addition to PLWC's expanding Spanish language section is information on sarcoma, including diagnosis, treatment and after treatment.

## Upcoming Events on PLWC

## Did You Know?

In addition to the two Q&A forums this month, PLWC offers a variety of resources on age-related learning that address common issues faced by patients who are children, teenagers, young adults, or older adults.

Use the navigation bar below to explore the *Coping* section and many other features of PLWC!

Learning About Cancer ▶

Cancer Types ▶

Diagnosis and Treatment ▶

Coping ▶

Survivorship ▶

Library ▶

ASCO Resources ▶

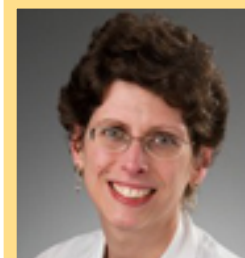
News and Events ▶

For more information about ASCO's patient information resources, visit [www.plwc.org](http://www.plwc.org) or call 888-651-3038.

**"Ask the ASCO Expert" Series, August 2006:** Readers' questions are now being accepted for PLWC's Q&A on "**Cancer Survivorship: Living Beyond Cancer**".



Sandra Horning, MD



Melissa Hudson, MD

From August 1-31, your questions on survivorship will be answered by Sandra Horning, MD; Melissa Hudson, MD; Ann Partridge, MD, MPH; and Doug Ulman.



Ann Partridge, MD, MPH



Doug Ulman

**Have a question for this "Ask the ASCO Expert" event?** Email [chats@plwc.org](mailto:chats@plwc.org) now! PLWC Q&A forums are free of charge, anonymous, and preregistration is not required. Answers to selected questions are posted throughout the month, and full event transcripts are archived in PLWC's *ASCO Resources* section.

## Patients' Toolbox

Each month, PLWC offers original **Feature Articles**, which address common challenges for people living with cancer and offer practical, how-to information. The newest Feature Articles are:

- **Strategies for a Better Night's Sleep** outlines proven tips for people living with cancer to improve the quantity and quality of their sleep.
- **Diet and Cancer Risk: Sorting Fact from Fiction** details how researchers analyze links between diet and cancer, and how people can decipher the latest headlines about possible relationships between the two.
- **After Treatment for Breast Cancer: Preventing Lymphedema** has been updated to give survivors information on what they can do to prevent or manage this common side

effect of breast cancer treatment.

- *Don't forget that you can also check out 100+ other **Feature Articles** on PLWC!*

## In the News

Here are some of this month's cancer-related news headlines:

- July 24, 2006: Smoking may slow clearance of cervical infection (Reuters Health)
- July 21, 2006: Head/neck skin cancer tied to chronic sun exposure (Reuters Health)
- July 19, 2006: Exercise can reduce cancer treatment side effects (Reuters Health)
- July 17, 2006: High skin cancer risk seen in transplant patients (Reuters Health)
- *For more headlines, visit PLWC's News Articles section.*

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The American Society of Clinical Oncology (ASCO) is the world's leading professional organization representing physicians of all oncology subspecialties who care for people with cancer. ASCO's more than 20,000 members from the United States and abroad set the standard for patient care worldwide and lead the fight for more effective cancer treatments, increased funding for clinical and translational research, and, ultimately, cures for the many different types of cancer that strike an estimated 10 million people worldwide each year. ASCO publishes the *Journal of Clinical Oncology* (JCO), the preeminent, peer-reviewed, medical journal on clinical cancer research, and produces People Living With Cancer ([www.plwc.org](http://www.plwc.org)) an award-winning website providing oncologist-vetted cancer information to help patients and families make informed health-care decisions.

