Adrenal Gland Tumor - Risk Factors [1]

This section has been reviewed and approved by the Cancer.Net Editorial Board [2], 04/2014

ON THIS PAGE: You will find out more about the factors that increase the chance of developing this type of cancer. To see other pages, use the menu on the side of your screen.

A risk factor is anything that increases a person?s chance of developing a tumor. Although risk factors often influence the development of a tumor, most do not directly cause the tumor. Some people with several risk factors never develop a tumor, while others with no known risk factors do. However, knowing your risk factors and talking about them with your doctor may help you make more informed lifestyle and health care choices.

The cause of most cancerous adrenal cortical carcinomas is not known. However, people with certain hereditary conditions, such as Multiple Endocrine Neoplasia Type 2 [3], Li-Fraumeni syndrome [4], Von Hippel-Lindau syndrome [5], Neurofibromatosis Type 1 [6], and Carney Complex [7], have a higher risk of developing an adrenal gland tumor. People who have a high risk of developing an adrenal gland tumor because of family history should be examined and evaluated by their doctor every year.

Research continues to look into what factors cause this type of tumor and what people can do to lower their personal risk. There is no proven way to completely prevent this disease, but there may be steps you can take to lower your cancer risk. Talk with your doctor if you have concerns about your personal risk of developing this type of tumor.

To continue reading this guide, use the menu on the side of your screen to select another section.

Links:
[1] http://www.cancer.net/cancer-types/adrenal-gland-tumor/risk-factors
[2] http://www.cancer.net/about-us
[3] http://www.cancer.net/node/19365
[4] http://www.cancer.net/node/19133
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