Adrenal Gland Tumor - Symptoms and Signs [1]

This section has been reviewed and approved by the Cancer.Net Editorial Board [2], 04/2014

ON THIS PAGE: You will find out more about body changes and other things that can signal a problem that may need medical care. To see other pages, use the menu on the side of your screen.

People with an adrenal gland tumor may experience the following symptoms or signs. Sometimes, people with an adrenal gland tumor do not show any of these symptoms. Or, these symptoms may be caused by a medical condition that is not a tumor.

- High blood pressure
- Low potassium level
- Heart palpitations
- Nervousness
- Feelings of anxiety or panic attacks
- Headache
- Excessive perspiration
- Diabetes
- Abdominal pain
- Unexplained weight gain or weight loss
- Weakness
- Abdominal stretch marks
- Excessive hair growth
- Unusual acne
- Change in libido (sex drive)

In addition, pheochromocytoma may cause dangerous surges of the adrenal gland hormones that regulate blood pressure and response to stress. A hormonal surge can cause blood pressure to increase very quickly, increasing the risk of heart attack, stroke, hemorrhage, or sudden death.

If you are concerned about one or more of the symptoms or signs on this list, please talk with your doctor. Your doctor will ask how long and how often you?ve been experiencing the symptom(s), in addition to other questions. This is to help find out the cause of the problem, called a diagnosis [3].

If a tumor is diagnosed, relieving symptoms remains an important part of medical care and treatment. This may also be called symptom management, palliative care, or supportive care. Be sure to talk with your health care team about symptoms you experience, including any new symptoms or a change in symptoms.

The next section helps explain what tests and scans may be needed to learn more about the cause of the symptoms. Use the menu on the side of your screen to select Diagnosis, or you can select another section, to

continue reading this guide.

Links:
[1] http://www.cancer.net/cancer-types/adrenal-gland-tumor/symptoms-and-signs
[2] http://www.cancer.net/about-us
[3] http://www.cancer.net/node/18428