# Endocrine Tumor - Stages

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Stages

**ON THIS PAGE**: You will learn about how doctors describe a tumor?s growth or spread. This is called the stage. To see other pages, use the menu on the side of your screen.

Staging is a way of describing where the tumor is located, if or where it has spread, and whether it is affecting other parts of the body. Doctors use diagnostic tests to find out the tumor's stage, so staging may not be complete until all of the tests are finished. Knowing the stage helps the doctor to decide what kind of treatment is best and can help predict a patient's prognosis, which is the chance of recovery. There are different stage descriptions for different types of cancer.

One tool that doctors use to describe the stage is the TNM system. TNM is an abbreviation for tumor (T), node (N), and metastasis (M). Doctors look at these three factors to determine the stage of cancer:

- How large is the primary tumor and where is it located? **(Tumor, T)**
- Has the tumor spread to the lymph nodes? **(Node, N)**
- Has the cancer metastasized to other parts of the body? **(Metastasis, M)**

The results are combined to determine the stage of cancer for each person. There are five stages: stage 0 (zero) and stages I through IV (one through four). The stage provides a common way of describing the cancer, so doctors can work together to plan the best treatments.

**Recurrent tumor:** A recurrent tumor is a tumor that has come back after treatment. If there is a recurrence, the tumor may need to be staged again (called re-staging) using the system above.

For more information on the staging of specific endocrine tumors, see each individual tumor type [2].

*Information about the cancer?s stage will help the doctor recommend a treatment plan. The next section helps explain the treatment options for this type of cancer. Use the menu on the side of your screen to select Treatment Options, or you can select another section, to continue reading this guide.*

**Links:**
[1] http://www.cancer.net/about-us
[2] http://www.cancer.net/cancer-types