

Leukemia - Eosinophilic - After Treatment [1]

This section has been reviewed and approved by the [Cancer.Net Editorial Board](#) [2], 06/2014

ON THIS PAGE: You will read about your medical care after treatment is finished and why this follow-up care is important. To see other pages, use the menu on the side of your screen.

After treatment for eosinophilic leukemia ends, talk with your doctor about developing a follow-up care plan. This plan may include regular physical examinations, blood tests, bone marrow biopsies, and possibly scans or other imaging studies to monitor your recovery for the coming months and years. People experiencing a long-term remission are encouraged to follow cancer screening recommendations for the general population.

Some eosinophilic leukemia treatments may cause the following long-term side effects. It's important to talk with your health care team about the best ways to watch for these side effects and what will be done if they do occur.

- Numbness, tingling, and pain in the hands and feet from vincristine.
- A weakened heart muscle from higher total doses of doxorubicin (Adriamycin) or radiation therapy to the chest.
- Infertility (inability to have a child) or [premature menopause](#) [3] from high-dose cyclophosphamide or other chemotherapy. Learn more about [fertility and cancer](#) [4].
- A [secondary leukemia](#) [5] or another type of secondary cancer is more common after chemotherapy and radiation therapy.

ASCO offers [treatment summary forms](#) [6] to help keep track of the treatment you received and develop a survivorship care plan once treatment is completed.

People recovering from eosinophilic leukemia are encouraged to follow established guidelines for good health, such as maintaining a healthy weight, not smoking, eating a balanced diet, and having recommended cancer screening tests. Talk with your doctor to develop a plan that is best for your needs. Moderate physical activity can help rebuild your strength and energy level. Your doctor can help you create an appropriate exercise plan based upon your needs, physical abilities, and fitness level. Learn more about the [next steps to take in survivorship](#) [7], including [making positive lifestyle changes](#) [8].

The next section offers a list of questions you may want to ask. Use the menu on the side of your screen to select Questions to Ask the Doctor, or you can select another section, to continue reading this guide.

Links:

- [1] <http://www.cancer.net/cancer-types/leukemia-eosinophilic/after-treatment>
- [2] <http://www.cancer.net/about-us>
- [3] <http://www.cancer.net/node/31086>
- [4] <http://www.cancer.net/node/25240>
- [5] <http://www.cancer.net/node/25396>
- [6] <http://www.cancer.net/node/25394>
- [7] <http://www.cancer.net/node/22>
- [8] <http://www.cancer.net/node/24554>