

## [Sarcoma - Kaposi - Latest Research](#) [1]

This section has been reviewed and approved by the [Cancer.Net Editorial Board](#) [2], 03/2016

**ON THIS PAGE:** You will read about the scientific research being done now to learn more about this type of cancer and how to treat it. To see other pages, use the menu.

Doctors are working to learn more about Kaposi sarcoma, ways to prevent it, how to best treat it, and how to provide the best care to people diagnosed with this disease. The following areas of research may include new options for patients through clinical trials. Always talk with your doctor about the diagnostic and treatment options best for you.

- **Kinase inhibitors.** Kinase inhibitors are a type of targeted therapy that targets specific genes, proteins, or the tissue environment that contributes to cancer growth and survival. Because blood vessels make up a large part of Kaposi sarcoma lesions, researchers are studying treatments focused on stopping angiogenesis, which is the process of making new blood vessels. The goal of [anti-angiogenesis therapy](#) [3] is to block the formation of new blood vessels so that the nutrients a tumor needs to grow and spread cannot be delivered. This causes the tumor to "starve."
- **New HIV/AIDS treatment.** New and better treatments for HIV/AIDS mean that fewer people are developing Kaposi sarcoma. Improved HIV/AIDS treatments in the future may further reduce the risk of Kaposi sarcoma.
- **Combination chemotherapy.** Combination chemotherapy uses more than one drug (given together) to treat Kaposi sarcoma. In addition to more than one type of chemotherapy, researchers are also looking at combinations of chemotherapy and

antiretroviral drugs, which are normally used to treat patients with HIV/AIDS.

- **Virus research.** Research is ongoing to learn more about HHV-8 and its link to Kaposi sarcoma.
- **Palliative care.** Clinical trials are underway to find better ways of reducing symptoms and side effects of current Kaposi sarcoma treatments to improve patients' comfort and quality of life.

## Looking for More About the Latest Research?

If you would like additional information about the latest areas of research regarding Kaposi sarcoma, explore these related items that take you outside of this guide:

- To find clinical trials specific to your diagnosis, talk with your doctor or [search online clinical trial databases now](#) [4].
- Visit the website of the [Conquer Cancer Foundation](#) [5] to find out how to help support research for every cancer type. Please note: this link takes you to a separate ASCO website.

*The [next section in this guide is Coping with Treatment](#) [6]. It offers some guidance in how to cope with the physical, emotional, and social changes that cancer and its treatment can bring. Or, use the menu to choose another section to continue reading this guide.*

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### Links

- [1] <http://www.cancer.net/cancer-types/sarcoma-kaposi/latest-research>
- [2] <http://www.cancer.net/about-us>
- [3] <http://www.cancer.net/node/24376>
- [4] <http://www.cancer.net/node/24878>
- [5] <https://www.conquercancerfoundation.org/research-results>
- [6] <http://www.cancer.net/node/18964>