

## Liver Cancer - After Treatment

This section has been reviewed and approved by the [Cancer.Net Editorial Board](#) [1], January / 2013

### After Treatment

**ON THIS PAGE:** You will read about your medical care after cancer treatment is finished and why this follow-up care is important. To see other pages in this guide, use the colored boxes on the right side of your screen, or click ?Next? at the bottom.

After treatment for HCC ends, talk with your doctor about developing a follow-up care plan. This plan will include regular physical examinations, imaging tests (such as ultrasound), and blood tests to monitor your recovery for the coming months and years.

ASCO offers [cancer treatment summary forms](#) [2] to help keep track of the cancer treatment you received and develop a survivorship care plan once treatment is completed.

Careful follow-up care is important no matter what type of treatment was used. Follow-up care will not only measure how effective the treatment has been but also allow early detection of any recurrence. This is particularly important because there is always a risk that the tumor will come back after treatment or that another tumor will develop. Research to find ways to prevent second cancers and recurrent HCC is ongoing, but there is no standard prevention method at this time.

People recovering from HCC are encouraged to follow established guidelines for good health, such as maintaining a healthy weight, not smoking, eating a balanced diet, and having recommended cancer screening tests. Talk with your doctor to develop a plan that is best for your needs. Moderate physical activity can help you rebuild your strength and energy level. Your doctor can help you create an appropriate exercise plan based upon your needs, physical abilities, and fitness level. Learn more about the [next steps to take in survivorship](#) [3], including [making positive lifestyle changes](#) [4].

To continue reading this guide, choose ?Next? (below, right) with a list of questions you may want to ask your doctor. Or, use the colored boxes located on the right side of your screen to visit any section.

#### Links:

- [1] <http://www.cancer.net/about-us>
- [2] <http://www.cancer.net/node/25394>
- [3] <http://www.cancer.net/node/22>
- [4] <http://www.cancer.net/node/24583>