U.S. Figure Skating

The American Society of Clinical Oncology (ASCO) has been an official sponsor of U.S. Figure Skating [1], as an effort to raise cancer awareness. The partnership provided a global platform for past champions and current skaters to share their personal stories and cancer initiatives. Cancer.Net is the patient education website of ASCO, providing access to comprehensive information to help patients and families make informed health care decisions.

SKATING Magazine

Read articles from Cancer.Net in *SKATING* magazine, the official publication of U.S. Figure Skating.

February 2010 [2]

December 2009 [3]

2010 U.S. Figure Skating Championships

Cancer.Net participated in the 2010 U.S. Figure Skating Championships, which took place in Spokane, Washington, January 14-24. NBC and Universal Sports aired the competition on the weekends of January 16-17 and January 23-24.

2009 Skate America Competition

Cancer.Net served as the title sponsor of Skate America, U.S. Figure Skating's premier annual international event held November 12-15 in Lake Placid, New York. The competition was aired on NBC on Sunday, November 15, 2009.

Learn more about the partnership between the American Society of Clinical Oncology and U.S. Figure Skating. [4]

Resources for figure skating fans

What can you do to join Cancer.Net and U.S. Figure Skating in the fight against cancer? Take care of yourself and learn more!

Read below for information on how you can take an active role in your health.

Be active!

Physical Activity and Cancer Risk [5]

Physical Activity: Suggestions and Tips [6]

Eat well!

Diet and Nutrition [7]

Don't Smoke!

Tobacco and Cancer Risk [8]

Resources to Help You Quit Smoking [9]

Talk!

Questions to Ask the Doctor [10]

Talking About Cancer [11]

Support Groups [12]

Links:
[1] http://www.usfigureskating.org/
[2] http://www.cancer.net/sites/cancer.net/files/skating_02.10.pdf
[3] http://www.cancer.net/sites/cancer.net/files/skating_12.09.pdf
[4] http://www.asco.org/ASCOv2/Press+Center/Latest+News+Releases/ASCO+News/ASCO+and+U.S.+Figure+Skating+Announce+Partnership+in+the+Fight+Against+Cancer
[5] http://www.cancer.net/node/24995
[6] http://www.cancer.net/node/24996
[7] http://www.cancer.net/node/24965
[8] http://www.cancer.net/node/25002
[9] http://www.cancer.net/node/24998
[10] http://www.cancer.net/navigating-cancer-care/diagnosing-cancer/questions-ask-doctor
[11] http://www.cancer.net/node/25302
[12] http://www.cancer.net/node/25368