

## **Life After Cancer** [1]

### **Expert Q&A: What Comes Next After Finishing Treatment** [2]

Cancer.Net talked with Lidia Schapira, MD, about coping with the end of active treatment and preparing for the future.

### **Sharing Your Story** [3]

About 12 million people in the United States have survived cancer, and each person has a story to share if he or she wishes to do so.

### **Coping With Fear of Recurrence** [4]

Learn more about coping with the fear of a cancer recurrence, including tips for facing fear and anxiety, expressing your feelings, staying well-informed, continuing regular follow-up care, reducing stress, and maintaining a healthy lifestyle.

### **Having a Baby After Cancer: Pregnancy** [5]

Learn about becoming pregnant after finishing cancer treatment, including recommended timelines for trying to become pregnant, potential effects of cancer treatment on labor and delivery, and coping with other physical and emotional concerns.

## **Having a Baby After Cancer: Fertility Assistance and Other Options** [6]

Find out about other options for having children that are available to infertile couples, including assisted reproduction techniques, surrogacy, gestational carriers, and adoption.

## **Recognizing Milestones** [7]

Learn about ways to anticipate important cancer anniversaries and ideas for reflecting on their meaning and importance in your life.

## **Going Back to Work After Cancer** [8]

This article helps people plan for returning to employment after cancer and what to say to supervisors and coworkers.

## **Cancer and Workplace Discrimination** [9]

Information on protecting the rights of the person with cancer and his or her family and information for employees.

## **Finding a Job After Cancer** [10]

Find out about your legal rights and what to say when searching for and interviewing for a new job.

## **Stopping Work After Cancer Treatment** [11]

Not everyone goes back to work after cancer. Learn more about coping with the emotional and financial challenges of this decision.

## **Post-Traumatic Stress Disorder and Cancer** [12]

Post-traumatic stress disorder (PTSD) is an anxiety disorder that can affect people with cancer. Learn more about the risk factors and treatment options for PTSD.

## **Post-Traumatic Growth and Cancer** [13]

For some people, the stress of a cancer experience can stimulate positive life changes and personal growth.

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### **Links:**

- [1] <http://www.cancer.net/survivorship/life-after-cancer>
- [2] <http://www.cancer.net/survivorship/life-after-cancer/expert-qa-what-comes-next-after-finishing-treatment>
- [3] <http://www.cancer.net/survivorship/life-after-cancer/sharing-your-story>
- [4] <http://www.cancer.net/survivorship/life-after-cancer/coping-fear-recurrence>
- [5] <http://www.cancer.net/survivorship/life-after-cancer/having-baby-after-cancer-pregnancy>
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