

[Home](#) > [Navigating Cancer Care](#) > [Cancer.Net Videos](#) > [For Young Adults with Cancer](#) > Diet and Exercise

Printed January 27, 2015 from <http://www.cancer.net/navigating-cancer-care/videos/young-adults-cancer/diet-and-exercise>

---

## Diet and Exercise

[Video of bsoUjYvD2Fo](#)

[Video of PV6iiCVgfss](#)

---

### Links:

[1] <http://www.cancer.net/file/6826>