

## **Follow-up Care After Cancer Treatment** [1]

Follow-up care is important after being treated for cancer. Rehabilitation and healthy living are essential to the after-treatment process.

## **The Importance of Follow-Up Care** [2]

Learn about the importance of follow-up care to watch for a cancer recurrence and long-term side effects of treatment.

## **ASCO Cancer Treatment Summaries and Survivorship Care Plans** [4]

Find and print forms that your doctor can complete to help you keep track of what treatment is planned after surgery, what treatment you received, and a summary of your follow-up care plan once treatment is finished.

## **Rehabilitation** [5]

Learn more about the cancer rehabilitation process, which assists a person with cancer in obtaining maximum physical, social, psychological, and work-related functioning during and after treatment.

## **Healthy Living After Cancer** [7]

After a cancer diagnosis, many people want to make healthy lifestyle changes, such as eating better, exercising more, and finding better ways to manage stress. Although practicing healthy

habits is important for everyone, it is especially important for cancer survivors because they can be at a higher risk for other health problems as a result of cancer treatment.

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**Links:**

[1] <http://www.cancer.net/survivorship/follow-care-after-cancer-treatment>

[2] <http://www.cancer.net/survivorship/follow-care-after-cancer-treatment/importance-follow-care>

[3] <http://www.cancer.net/es/sobrevivencia/atenci%C3%B3n-de-seguimiento-despu%C3%A9s-del-tratamiento-del-c%C3%A1ncer>

[4] <http://www.cancer.net/survivorship/follow-care-after-cancer-treatment/asco-cancer-treatment-summaries-and-survivorship-care-plans>

[5] <http://www.cancer.net/survivorship/follow-care-after-cancer-treatment/rehabilitation>

[6] <http://www.cancer.net/es/sobrevivencia/rehabilitaci%C3%B3n>

[7] <http://www.cancer.net/survivorship/follow-care-after-cancer-treatment/healthy-living-after-cancer>