

American Society of Clinical Oncology®

2018

PATIENT EDUCATION MATERIALS CATALOG



Cancer.Net

Doctor-Approved Patient Information from ASCO®

www.cancer.net

Tell your patients about the **ASCO doctor-approved** **PATIENT INFORMATION WEBSITE**

Cancer.Net[®] brings the expertise and resources of the American Society of Clinical Oncology (ASCO[®]) to people living with cancer and their caregivers. With its timely, comprehensive information, Cancer.Net aims to help patients and families make informed health care decisions. Find authoritative, trusted information by visiting **www.cancer.net**.



Cancer.Net Editorial Board

All content on Cancer.Net is approved by its editorial board. It is composed of more than 150 oncologists, oncology nurses, physician assistants, social workers, and patient advocates.

Information by Cancer Type

Comprehensive guides to more than 120 types of cancer and related hereditary syndromes, plus treatment and side effect information.

Navigating Cancer Care

A basic overview of cancer, risk factors, prevention strategies, genetics, and clinical trials.

Coping With Cancer

Suggestions and resources for dealing with the emotional effects of cancer.

Research and Advocacy

News from ASCO meetings, symposia and other events, and more.

Survivorship

Information about healthy living beyond cancer, including tracking the patient's medical history.

Blog

Tips for living with cancer, suggestions to help patients and families, research news, podcasts on cancer topics, and much more.

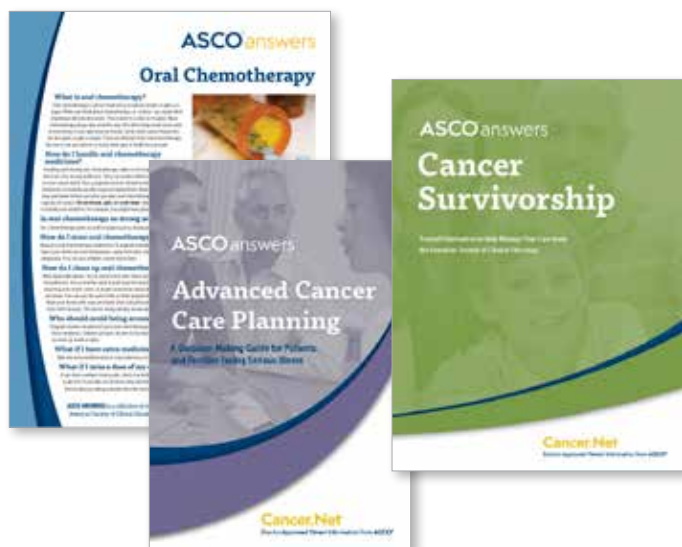
Cancer.Net Mobile App

A free app (iOS and Android) to help patients keep track of questions to ask the health care team, save prescription information, track symptoms and side effects, and get the latest videos, podcasts, and articles. Spanish-enabled.

Cancer.Net en Español

Content for Spanish-speaking visitors.
www.cancer.net/es

Bring valuable **CANCER.NET** information INTO YOUR OFFICE OR WAITING ROOM



The trusted information from **Cancer.Net** is also available to your patients in print format through the **ASCO Answers** patient education series. Many oncology practices provide these materials to enhance patient learning after their office visits, so patients can learn more about their diagnosis and get practical tips for navigating cancer care.

Equip your patients with the information they need today!

ASCO Answers materials include **GUIDES, FACT SHEETS, and BOOKLETS**, covering a broad range of important and popular topics in cancer care. Browse this catalog for detailed descriptions on each category. **ASCO MEMBERS SAVE 20%** on all patient education materials, and shipping is free within the United States.

Awards



New and updated products are added regularly. Visit **www.cancer.net/estore** to see what's new.

If you have questions about patient education materials, please email **customerservice@asco.org** or call **888-273-3508**.

ASCO[®] answers Fact Sheets

Share with people who:

- ▶ Prefer a quick overview to a specific type of cancer
- ▶ Need information on specific side effects or treatment options.

ASCO answers
Acute Lymphocytic Leukemia

What is acute lymphocytic leukemia?
Acute lymphocytic leukemia (ALL) is a cancer of the blood-forming tissues, in particular the bone marrow. It produces abnormal white blood cells called lymphocytes that crowd out normal cells. Lymphocytes that crowd out normal cells can damage the bone marrow and other organs in the body, such as the spleen, liver, and kidneys. This can lead to weakness, weight loss, and other symptoms.

What is the function of lymphocytes?
Lymphocytes are a type of white blood cell. They are found in the bone marrow, which is the source of most of the body's immune system cells.

What do subtypes and classification mean?
To help you understand and predict prognosis, doctors divide ALL into subtypes and classify them as either B-cell or T-cell lymphocytic leukemia. Each subtype is defined by the specific characteristics of the cancer cells. Doctors look at the number of cancer cells, the number of white blood cells, and other factors.

How is acute lymphocytic leukemia treated?
The treatment of ALL depends on the subtype, the patient's age, and the patient's performance and overall health. Most patients with ALL are treated with chemotherapy. Some patients may also receive targeted therapy, radiation therapy, or stem cell transplant. Chemotherapy with several drugs may be given in cycles over several weeks. Chemotherapy with several drugs may be given in cycles over several weeks. Chemotherapy with several drugs may be given in cycles over several weeks.

How can I cope with acute lymphocytic leukemia?
Coping with acute lymphocytic leukemia involves working with your health care team on all aspects of the diagnosis, making decisions about your treatment, making sure you understand your options, and participating in the decision-making process as you wish. You can also seek support from family, friends, and other patients. Understanding your emotions and how to manage them can help you cope with the diagnosis, treatment, and healing process.

ASCO ANSWERS is a collection of oncology-approved patient education materials developed by the American Society of Clinical Oncology (ASCO) for people with cancer and their caregivers.

ASCO answers
Esophageal Cancer

What is esophageal cancer?
Esophageal cancer begins in the cells that line the esophagus, the tube that carries food and liquid from the mouth to the stomach. There are two main types of esophageal cancer: adenocarcinoma and squamous cell carcinoma. Adenocarcinoma begins in the glandular tissue that lines the inner wall of the esophagus.

What is the function of the esophagus?
The esophagus is a long, hollow, muscular tube that carries food and liquid from the mouth to the stomach. When you swallow, the walls of the esophagus contract to push food down into the stomach.

What does stage mean?
Stage is a way of describing where the cancer is located, how big it is, and whether it is affecting other parts of the body. There are four stages of esophageal cancer: stage I (early), stage II, stage III, and stage IV (late).

How is esophageal cancer treated?
The treatment of esophageal cancer depends on the site and location of the cancer, the stage of the cancer, and the patient's overall health. The treatment options include surgery, chemotherapy, radiation therapy, and targeted therapy. A combination of radiation therapy, chemotherapy, and surgery. The order of treatment varies, but chemotherapy and radiation therapy are commonly used together.

How can I cope with esophageal cancer?
Coping with esophageal cancer involves working with your health care team on all aspects of the diagnosis, making decisions about your treatment, making sure you understand your options, and participating in the decision-making process as you wish. You can also seek support from family, friends, and other patients. Understanding your emotions and how to manage them can help you cope with the diagnosis, treatment, and healing process.

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ASCO answers
Liver Cancer

What is liver cancer?
Liver cancer begins in the cells that line the liver and grow into a tumor. There are two main types of liver cancer: hepatocellular carcinoma and cholangiocarcinoma. Hepatocellular carcinoma begins in the cells that produce bile, and cholangiocarcinoma begins in the cells that carry bile from the liver to the gallbladder and small intestine.

What is the function of the liver?
The liver is a large organ in the upper right part of the body. It has many functions, including producing bile, filtering toxins from the blood, and storing energy and vitamins.

What does stage mean?
Stage is a way of describing where the cancer is located, how big it is, and whether it is affecting other parts of the body. There are four stages of liver cancer: stage I (early), stage II, stage III, and stage IV (late).

How is liver cancer treated?
The treatment of liver cancer depends on the site and location of the cancer, the stage of the cancer, and the patient's overall health. The treatment options include surgery, chemotherapy, radiation therapy, and targeted therapy. The treatment options include surgery, chemotherapy, radiation therapy, and targeted therapy.

How can I cope with liver cancer?
Coping with liver cancer involves working with your health care team on all aspects of the diagnosis, making decisions about your treatment, making sure you understand your options, and participating in the decision-making process as you wish. You can also seek support from family, friends, and other patients. Understanding your emotions and how to manage them can help you cope with the diagnosis, treatment, and healing process.

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ASCO answers
Multiple Myeloma

What is multiple myeloma?
Multiple myeloma is a cancer of the plasma cells in the bone marrow. Plasma cells are a type of white blood cell that produces antibodies to fight infection. In multiple myeloma, the plasma cells produce abnormal antibodies that can damage the bone marrow and other organs in the body, such as the kidneys, liver, and spleen.

What is the function of plasma cells?
Plasma cells are a type of white blood cell that produces antibodies to fight infection. They are found in the bone marrow, which is the source of most of the body's immune system cells.

What does stage mean?
Stage is a way of describing where the cancer is located, how big it is, and whether it is affecting other parts of the body. There are four stages of multiple myeloma: stage I (early), stage II, stage III, and stage IV (late).

How is multiple myeloma treated?
The treatment of multiple myeloma depends on the site and location of the cancer, the stage of the cancer, and the patient's overall health. The treatment options include chemotherapy, radiation therapy, and stem cell transplant. Chemotherapy with several drugs may be given in cycles over several weeks. Chemotherapy with several drugs may be given in cycles over several weeks.

How can I cope with multiple myeloma?
Coping with multiple myeloma involves working with your health care team on all aspects of the diagnosis, making decisions about your treatment, making sure you understand your options, and participating in the decision-making process as you wish. You can also seek support from family, friends, and other patients. Understanding your emotions and how to manage them can help you cope with the diagnosis, treatment, and healing process.

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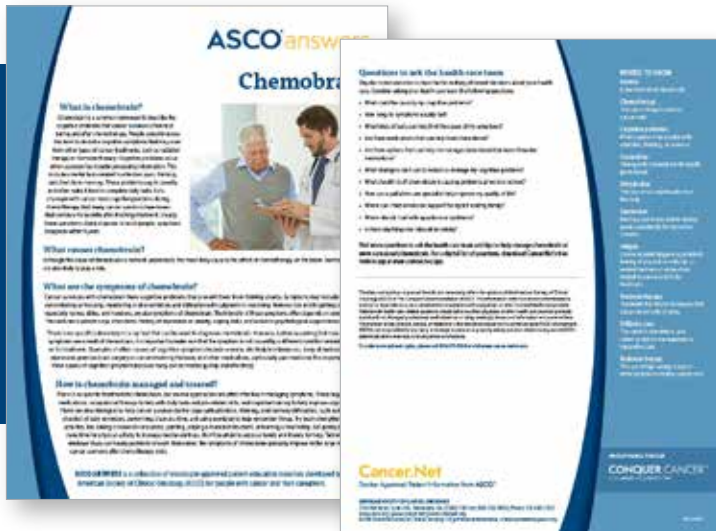
Cancer Types

- Bladder Cancer
- Brain Tumor
- Breast Cancer*
- Breast Cancer, Metastatic
- Cervical Cancer
- Colorectal Cancer*
- Esophageal Cancer
- Head & Neck Cancer
- Hereditary Breast & Ovarian Cancer
- Kidney Cancer
- Leukemia, Acute Lymphocytic
- Leukemia, Acute Myeloid
- Leukemia, Chronic Lymphocytic
- Leukemia, Chronic Myeloid
- Lung Cancer*
- Melanoma
- Multiple Myeloma
- Myelodysplastic Syndromes
- Non-Hodgkin Lymphoma
- Ovarian, Fallopian Tube, & Peritoneal Cancer
- Pancreatic Cancer
- Prostate Cancer*
- Rash
- Stomach Cancer
- Testicular Cancer
- Uterine Cancer

Cancer-type fact sheets are updated every year.
*Available in Spanish (online PDF only)

Diagnosis & Treatment

- Effective Caregiving at Home
- Catheters & Ports in Cancer Treatment
- Cancer Clinical Trials
- Myths & Facts About Cancer
- Oral Chemotherapy
- Radiation Therapy
- Safe Storage & Disposal of Pain Medications
- Taking Your Medication Correctly
- Understanding Blood Tests
- Understanding Bone Marrow Transplantation
- Understanding Chemotherapy
- Understanding Immunotherapy



One-page (front and back) introduction includes:

- ▶ Overview of the subject
- ▶ Questions to ask the health care team
- ▶ Words to know

Side Effects

- Appetite Loss
- Cancer-Related Fatigue
- Chemobrain
- Diarrhea
- Managing Pain
- Nausea & Vomiting
- Neutropenia
- Rash
- Thrombocytopenia
- When Cancer Spreads to the Bone
- When Cancer Spreads to the Brain

Visit **Cancer.Net** to find online-only fact sheets on these additional topics:

- Acute Lymphoblastic Leukemia, Childhood
- Acute Myeloid Leukemia, Childhood
- Anemia
- Basal Cell Carcinoma
- Central Nervous System Tumors
- Dental & Oral Health
- Ewing Sarcoma
- Food Safety
- Hodgkin Lymphoma, Childhood
- Liver Cancer
- Neuroblastoma
- Non-Hodgkin Lymphoma, Childhood
- Osteosarcoma
- Retinoblastoma
- Thyroid Cancer
- Wilms Tumor

Some **ASCO Answers** Fact Sheets are available in packs of 125 fact sheets for \$20. Select titles are available in packs of 50 fact sheets for \$12.

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Fact Sheets Today!
[**www.cancer.net/estore**](http://www.cancer.net/estore)

ASCO[®]answers Guides to Cancer

Share with people who:

- ▶ Want to better understand their disease and treatment options and record details of their diagnosis and personalized treatment plan.

These comprehensive guides describe diagnosis, treatment, side effects, and psychosocial effects.

□ **ASCO Answers: Caregiving*** helps caregivers learn about their role and provide ongoing support as the patient's needs change. Includes workbook pages to help caregivers stay organized.



□ **ASCO Answers: Cancer Survivorship*** discusses the psychological, physical, sexual, financial, and work-related challenges of survivorship. It covers the importance of follow-up care and describes rehabilitation and support services. Includes blank treatment summary and survivorship care forms.



□ **ASCO Answers: Breast Cancer**



□ **ASCO Answers: Colorectal Cancer**



□ **ASCO Answers: Non-Small Cell Lung Cancer**



□ **ASCO Answers: Small Cell Lung Cancer**



□ **ASCO Answers: Prostate Cancer**

*Available in Spanish (online PDF only)

ASCO Answers Guides to Cancer are available in packs of 25 guides for \$20.

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Order **ASCO[®]answers**
GUIDES and BOOKLETS Today!
www.cancer.net/estore

ASCO[®]answers Topic-Specific Booklets

Share with people who:

- ▶ Seek practical tips to help them address common concerns, regardless of cancer type.

All booklets are available in Spanish (online PDF only).

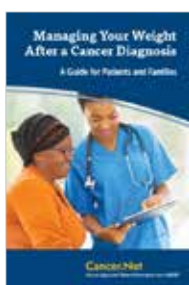
□ **Advanced Cancer Care Planning** helps health care professionals explain an advanced cancer diagnosis and treatment options available through the course of the patient's illness. It also helps guide patients and their families through the necessary steps and highlights the importance of finding support through their health care team.



□ **Palliative Care** shows how supportive care is used to manage symptoms and side effects, help with practical concerns, address spiritual questions, and support family, friends, and caregivers. It also provides advice about accessing palliative care services, questions to ask the health care team, and a list of national organizations that can help.



□ **Managing Your Weight After a Cancer Diagnosis: A Guide for Patients and Families** empowers patients to talk with their health care team about losing weight and provides resources to help patients succeed. Covers different weight loss methods, common challenges to losing and maintaining weight, emotional challenges, and tips for talking with the health care team.



□ **Managing Cancer-Related Pain** explains the importance of pain relief, including the causes of pain and its diagnosis. Pain medications are covered extensively, including medication types, safe handling, and managing multiple prescriptions. Self-care and support methods are discussed, as well as how to effectively communicate with the health care team about issues with pain.



□ **Managing the Cost of Cancer Care** offers an overview of the main financial categories for cancer care, an easy-to-understand explanation of health insurance benefits, information about the Affordable Care Act and cancer, tips for organizing financial information, a list of financial resources, and a cost and insurance dictionary.



□ **Stopping Tobacco Use After a Cancer Diagnosis** helps patients talk with their health care team about quitting and gives them the resources they need to succeed. Includes an overview of the benefits of stopping tobacco use, discussion of the available treatments and resources, and suggestions to help patients begin working on a plan to quit.



ASCO Answers Topic-Specific Booklets are available in packs of 125 booklets for \$35. Select titles are also available in packs of 50 booklets for \$20.

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AMERICAN SOCIETY OF CLINICAL ONCOLOGY

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*Equip Patients With the Latest Information
On Diagnosis and Treatment*

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