

American Society of Clinical Oncology®

PATIENT EDUCATION MATERIALS CATALOG

COVID-19
Information for
Cancer Patients

www.cancer.net/covid19



Cancer.Net™

Doctor-Approved Patient Information from ASCO®

www.cancer.net

Tell your patients about the **doctor-approved** **PATIENT INFORMATION WEBSITE FROM ASCO**

Cancer.Net[®] brings the expertise and resources of the American Society of Clinical Oncology (ASCO[®]) to people living with cancer and their caregivers. With its timely, comprehensive information, Cancer.Net aims to help patients and families make informed health care decisions. Find authoritative, trusted information by visiting **www.cancer.net**.



Authoritative

All content on Cancer.Net is regularly reviewed and approved by an editorial board composed of more than 150 oncologists and oncology professionals.

Comprehensive

Guides to more than 120 types of cancer and cancer-related syndromes, plus information on treatments, clinical trials, and side effects.

Timely

Keep up to date with blogs and podcasts on the latest cancer topics.

Compassionate

Sections of Cancer.Net are devoted to the topics of coping, survivorship, and caregiving.

Mobile

The free, award-winning Cancer.Net Mobile app helps patients manage their care.

Spanish

A wealth of content in Spanish is also available. Visit www.cancer.net/es.

Bring valuable **CANCER.NET** information INTO YOUR OFFICE OR WAITING ROOM



The trusted information from **Cancer.Net** is also available to your patients in print format through the **ASCO Answers** patient education series. Many oncology practices provide these materials to enhance patient learning after their office visits, so patients can know more about their diagnosis and get practical tips for navigating cancer care.



Equip your patients with the information they need today!

ASCO Answers materials include award-winning **GUIDES, FACT SHEETS, and BOOKLETS** covering a broad range of important and popular topics in cancer care. **MEMBERS SAVE 20%** on all patient education materials. **SHIPPING IS FREE** within the United States.



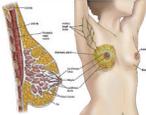
All ASCO Answers materials are available as **FREE** PDF downloads. Visit **www.cancer.net/ascoanswers** to see the full list of titles.

If you have questions about patient education materials, please email **customerservice@asco.org** or call **888-273-3508**.

Share with people who:

- ▶ Want a quick overview to a specific type of cancer.
- ▶ Need information on specific side effects or treatment options.

ASCO[®] answers Breast Cancer



- What is breast cancer?** Breast cancer occurs when the cells that line the breast grow out of control. They form a mass called a tumor. Some breast cancers can spread to other parts of the body.
- What are the parts of the breast?** The breast is made up of several parts, including the ducts, lobules, and lymph nodes. The ducts carry milk from the lobules to the nipple.
- What does stage mean?** The stage of breast cancer describes how far the cancer has spread. It is based on the size of the tumor, whether it has spread to lymph nodes, and whether it has spread to other parts of the body.
- How is breast cancer treated?** Breast cancer is treated with surgery, radiation therapy, and chemotherapy. The treatment depends on the stage of the cancer and the patient's overall health.
- How can I cope with breast cancer?** Coping with breast cancer can be challenging. It's important to talk to your healthcare team about your feelings and to seek support from family, friends, and support groups.

ASCO ANSWERS is a collection of oncology-approved patient education materials developed by the American Society of Clinical Oncology (ASCO) for people with cancer and their caregivers.

ASCO[®] answers Sexual Side Effects of Cancer



- Can cancer and its treatment cause sexual side effects?** Yes, cancer and its treatment can cause sexual side effects. These effects can include changes in your desire or ability to have sex, changes in your ability to get or stay hard, and changes in your ability to get or stay aroused.
- What sexual side effects could I experience?** Sexual side effects can include changes in your desire or ability to have sex, changes in your ability to get or stay hard, and changes in your ability to get or stay aroused.
- How can I cope with sexual side effects?** Coping with sexual side effects can be challenging. It's important to talk to your healthcare team about your feelings and to seek support from family, friends, and support groups.

ASCO ANSWERS is a collection of oncology-approved patient education materials developed by the American Society of Clinical Oncology (ASCO) for people with cancer and their caregivers.

ASCO[®] answers Anxiety and Depression



- What are anxiety and depression?** Anxiety and depression are common mental health conditions. Anxiety is a feeling of worry or nervousness, and depression is a feeling of sadness or hopelessness.
- How can anxiety and depression affect my cancer care?** Anxiety and depression can affect your ability to understand and follow your doctor's instructions. They can also affect your ability to take your medication as prescribed.
- What are the symptoms of anxiety and depression?** Symptoms of anxiety include feeling nervous, sweating, and a racing heart. Symptoms of depression include feeling sad, losing interest in things you used to enjoy, and changes in appetite.
- Are there treatments for anxiety and depression?** Yes, there are treatments for anxiety and depression. These include therapy, medication, and a combination of the two.
- How can I get help for anxiety or depression?** You can get help for anxiety or depression by talking to your healthcare team. They can help you understand your symptoms and recommend the best treatment for you.

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ASCO[®] answers Head and Neck Cancer



- What is head and neck cancer?** Head and neck cancer occurs when the cells in the head and neck grow out of control. It can affect the mouth, throat, and lymph nodes.
- What are the types of head and neck cancer?** There are several types of head and neck cancer, including squamous cell carcinoma, adenocarcinoma, and sarcoma.
- What are the symptoms of head and neck cancer?** Symptoms of head and neck cancer include a lump in the neck, a sore in the mouth that doesn't heal, and changes in your voice.
- How can I cope with head and neck cancer?** Coping with head and neck cancer can be challenging. It's important to talk to your healthcare team about your feelings and to seek support from family, friends, and support groups.

ASCO ANSWERS is a collection of oncology-approved patient education materials developed by the American Society of Clinical Oncology (ASCO) for people with cancer and their caregivers.

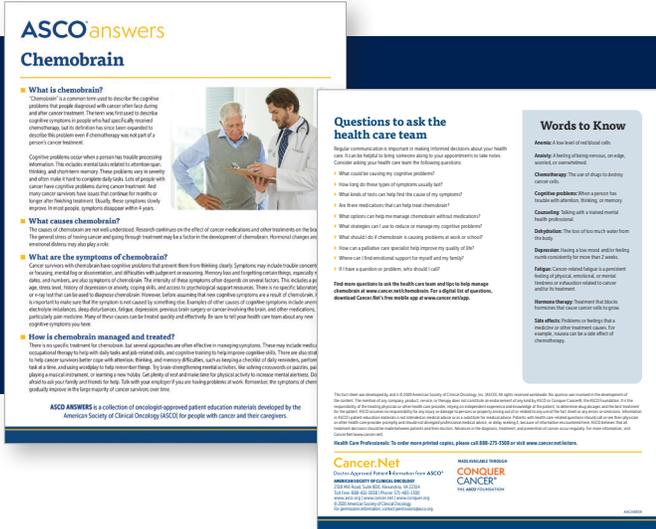
Cancer Types

- Bladder Cancer
- Breast Cancer*
- Breast Cancer, Metastatic
- Cervical Cancer
- Colorectal Cancer*
- Esophageal Cancer
- Head & Neck Cancer
- Hereditary Breast & Ovarian Cancer
- Lung Cancer*
- Melanoma
- Multiple Myeloma
- Non-Hodgkin Lymphoma
- Ovarian, Fallopian Tube, & Peritoneal Cancer*
- Pancreatic Cancer
- Prostate Cancer*
- Stomach Cancer
- Testicular Cancer
- Uterine Cancer

*Available in Spanish (online PDF only)

Diagnosis & Treatment

- Cancer Clinical Trials
- Catheters & Ports in Cancer Treatment
- Effective Caregiving at Home
- Myths & Facts About Cancer
- Oral Chemotherapy
- Radiation Therapy
- Safe Storage & Disposal of Pain Medications
- Taking Your Medication Correctly
- Understanding Chemotherapy
- Understanding Immunotherapy
- When the Doctor Says "Cancer"
- Your Fertility and Cancer Treatment



One-page (front and back) introduction includes:

- ▶ Overview of the subject
- ▶ Questions to ask the health care team
- ▶ Words to know

Side Effects

- Anxiety and Depression
- Appetite Loss
- Cancer-Related Fatigue
- Chemobrain
- Constipation
- Diarrhea*
- Lymphedema
- Managing Pain
- Nausea & Vomiting*
- Neutropenia*
- Sexual Side Effects of Cancer
- Side Effects of Immunotherapy
- When Cancer Spreads to the Bone

*Available in Spanish (online PDF only)

Visit **Cancer.Net** to find online-only fact sheets on these additional topics:

- Anemia
- Kidney Cancer
- Rash
- Palmar-Plantar Erythrodysesthesia
- Peripheral Neuropathy
- Thrombocytopenia
- Thyroid Cancer
- Understanding Blood Tests
- When Cancer Spreads to the Brain

Fact Sheets are available in packs of 50 fact sheets for \$12.

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FACT SHEETS Today!
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ASCO[®]answers

Guides to Cancer

Share with people who:

- ▶ Want to better understand their disease and treatment options and record details of their diagnosis and personalized treatment plan.

All guides are available in Spanish at www.cancer.net/ascoanswers (online PDF only).

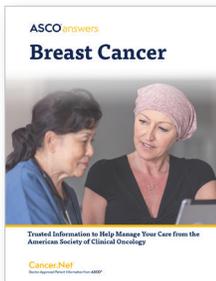
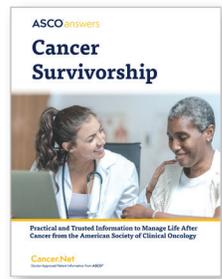
These comprehensive guides describe diagnosis, treatment, side effects, and psychosocial effects.

□ **ASCO Answers: Caring for a Loved One With Cancer** helps caregivers learn about their role and how to provide ongoing support as the patient's needs change. Includes workbook pages to help caregivers stay organized.

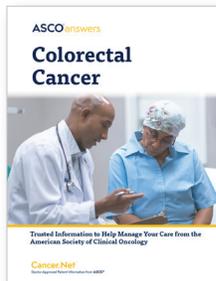


□ **ASCO Answers: Cancer Survivorship** discusses the psychological, physical, sexual, financial, and work-related challenges of survivorship. It covers the importance of follow-up care and describes rehabilitation and support services. Includes blank treatment summary and survivorship care forms.

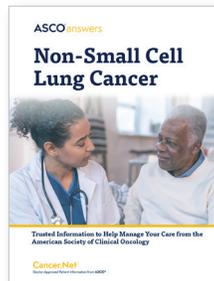
BEST SELLER!



□ **ASCO Answers: Breast Cancer**



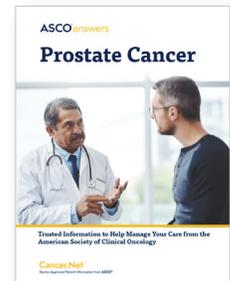
□ **ASCO Answers: Colorectal Cancer**



□ **ASCO Answers: Non-Small Cell Lung Cancer**



□ **ASCO Answers: Small Cell Lung Cancer**



□ **ASCO Answers: Prostate Cancer**

ASCO Answers Guides to Cancer are available in packs of 25 guides for \$20.

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GUIDES and BOOKLETS Today!
www.cancer.net/estore

ASCO[®]answers

Topic-Specific Booklets

Share with people who:

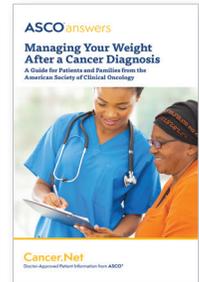
- ▶ Want practical tips to help them address common concerns, regardless of cancer type.

Most booklets are available in Spanish at www.cancer.net/ascoanswers (online PDF only).

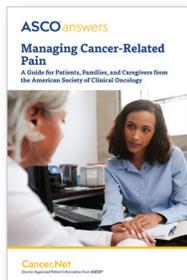
□ **Advanced Cancer Care Planning** helps health care professionals explain an advanced cancer diagnosis and treatment options available through the course of the patient's illness. It also helps guide patients and their families through the necessary steps and highlights the importance of finding support through their health care team.



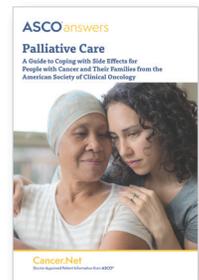
□ **Managing Your Weight After a Cancer Diagnosis: A Guide for Patients and Families** empowers patients to talk with their health care team about losing weight and provides resources to help patients succeed. Covers different weight loss methods, common challenges to losing and maintaining weight, emotional challenges, and tips for talking with the health care team.



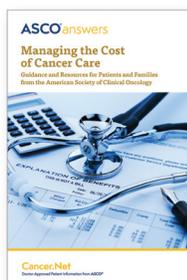
□ **Managing Cancer-Related Pain** explains the importance of pain relief, including the causes of pain and its diagnosis. Pain medications are covered extensively, including medication types, safe handling, and managing multiple prescriptions. Self-care and support methods are discussed, as well as how to effectively communicate with the health care team about issues with pain.



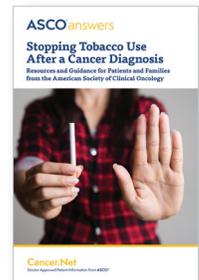
□ **Palliative Care** shows how supportive care is used to manage symptoms and side effects, help with practical concerns, address spiritual questions, and support family, friends, and caregivers. It also provides advice about accessing palliative care services, questions to ask the health care team, and a list of national organizations that can help.



□ **Managing the Cost of Cancer Care** offers an overview of the main financial categories for cancer care, an easy-to-understand explanation of health insurance benefits, information about the Affordable Care Act and cancer, tips for organizing financial information, a list of financial resources, and a cost and insurance dictionary.



□ **Stopping Tobacco Use After a Cancer Diagnosis** helps patients talk with their health care team about quitting and gives them the resources they need to succeed. Includes an overview of the benefits of stopping tobacco use, discussion of the available treatments and resources, and suggestions to help patients begin working on a plan to quit.



ASCO Answers Topic-Specific Booklets are available in packs of 50 booklets for \$20.

ASCO[®]

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KNOWLEDGE CONQUERS CANCER

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