

# Cancer.Net<sup>®</sup>

ASCO | KNOWLEDGE CONQUERS CANCER

American Society of Clinical Oncology<sup>®</sup>

## PATIENT EDUCATION MATERIALS CATALOG

**COVID-19**  
Information for  
People with Cancer

[www.cancer.net/covid19](http://www.cancer.net/covid19)



[www.cancer.net](http://www.cancer.net)

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CLINICAL ONCOLOGY  
KNOWLEDGE CONQUERS CANCER

# TELL YOUR PATIENTS ABOUT THE **DOCTOR-APPROVED** PATIENT INFORMATION WEBSITE FROM **ASCO**

**Cancer.Net**<sup>®</sup> brings the expertise and resources of the American Society of Clinical Oncology (ASCO<sup>®</sup>) to people living with cancer and their caregivers. With its timely, comprehensive information, Cancer.Net helps patients and families make informed health care decisions. Find authoritative, trusted information by visiting [www.cancer.net](http://www.cancer.net).



## **Authoritative**

All content on Cancer.Net is regularly reviewed and approved by an editorial board composed of nearly 200 oncologists and oncology professionals.

## **Comprehensive**

Guides to more than 120 types of cancer and cancer-related syndromes, plus information on treatments, clinical trials, and side effects.

## **Timely**

Keep up to date with blogs, podcasts, and videos on the latest cancer topics.

## **Compassionate**

Sections of Cancer.Net are devoted to the topics of coping, survivorship, and caregiving.

## **Mobile**

The free, award-winning Cancer.Net Mobile app helps patients manage their care.

## **Spanish**

A wealth of content in Spanish is also available. Visit [www.cancer.net/es](http://www.cancer.net/es).

# BRING VALUABLE **CANCER.NET** INFORMATION INTO YOUR OFFICE OR WAITING ROOM

## THE RIGHT INFORMATION RIGHT WHEN YOUR PATIENTS NEED IT

The trusted information from Cancer.Net is also available to your patients in print format through the *ASCO Answers* patient education series. Many oncology practices provide these materials to enhance patient learning after their office visits, so patients can know more about their diagnosis and get practical tips for navigating cancer care.

*ASCO Answers* materials include award-winning **GUIDES, FACT SHEETS,** and **BOOKLETS** covering a broad range of important and popular topics in cancer care. **MEMBERS SAVE 20%** on all patient education materials. **SHIPPING IS FREE** within the United States.



All *ASCO Answers* materials are available as **FREE** PDF downloads. Visit [www.cancer.net/ascoanswers](http://www.cancer.net/ascoanswers) to see the full list of titles.

If you have questions about patient education materials, please email [customerservice@asco.org](mailto:customerservice@asco.org) or call 888-273-3508.

# ASCO answers

## Fact Sheets

### Share with people who:

- Want a quick overview to a specific type of cancer.
- Need information on specific side effects or treatment options.

### Fact Sheets Available in Print

- Appetite Loss
- Breast Cancer\*
- Breast Cancer, Metastatic
- Cancer-Related Fatigue
- Chemobrain
- Colorectal Cancer\*
- Esophageal Cancer
- Head & Neck Cancer
- Lung Cancer\*
- Lymphedema

- Multiple Myeloma
- Nausea & Vomiting\*
- Oral Chemotherapy
- Pancreatic Cancer
- Prostate Cancer\*
- Safe Storage & Disposal of Pain Medications
- Taking Your Medication Correctly
- Understanding Chemotherapy
- Understanding Immunotherapy
- Uterine Cancer

\*Available in Spanish (online PDF only)

### Fact Sheets are available in packs of 50 fact sheets for \$12.

**ASCO answers**  
**Chemobrain**

**What is chemobrain?**  
Chemobrain is a common side effect of cancer treatment that causes problems that usually happen after you stop taking your cancer treatment. It is not a new disease, but it is a new problem that can happen after you stop taking your cancer treatment. It is caused by the changes in your brain that happen when you take certain cancer treatments. It is not a new disease, but it is a new problem that can happen after you stop taking your cancer treatment.

**What causes chemobrain?**  
The most common cause of chemobrain is the use of certain cancer treatments. Research studies on the effects of cancer medications and other treatments on the brain are ongoing. It is not clear how long it takes for chemobrain to develop, but it is thought to be related to the changes in your brain that happen when you take certain cancer treatments.

**What are the symptoms of chemobrain?**  
The most common symptoms of chemobrain are changes in your thinking, memory, and concentration. You may have trouble remembering things, or you may have trouble concentrating on things. You may also have trouble with your memory, or you may have trouble with your concentration. You may also have trouble with your thinking, or you may have trouble with your memory.

**How is chemobrain managed and treated?**  
There are several ways to manage and treat chemobrain. The most common way is to use medications that help with your thinking, memory, and concentration. You may also have trouble with your thinking, or you may have trouble with your memory. You may also have trouble with your thinking, or you may have trouble with your memory.

ASCO ANSWERS is a collection of oncology approved patient education materials developed by the American Society of Clinical Oncology (ASCO) for people with cancer and their caregivers.

**ASCO answers**  
**Nausea and Vomiting**

**What are nausea and vomiting?**  
Nausea and vomiting are common side effects of cancer treatment. Nausea is the feeling of sickness or queasiness, and vomiting is the act of throwing up. Nausea and vomiting can be caused by the changes in your stomach that happen when you take certain cancer treatments. It is not a new disease, but it is a new problem that can happen after you stop taking your cancer treatment.

**What causes nausea and vomiting?**  
The most common cause of nausea and vomiting is the use of certain cancer treatments. Research studies on the effects of cancer medications and other treatments on the stomach are ongoing. It is not clear how long it takes for nausea and vomiting to develop, but it is thought to be related to the changes in your stomach that happen when you take certain cancer treatments.

**What are the risks of nausea and vomiting?**  
The most common risk of nausea and vomiting is dehydration. Dehydration can happen when you vomit a lot, and it can lead to other problems. You may also have trouble with your thinking, or you may have trouble with your memory. You may also have trouble with your thinking, or you may have trouble with your memory.

**How are nausea and vomiting prevented and treated?**  
There are several ways to prevent and treat nausea and vomiting. The most common way is to use medications that help with your nausea and vomiting. You may also have trouble with your thinking, or you may have trouble with your memory. You may also have trouble with your thinking, or you may have trouble with your memory.

**What if nausea and vomiting don't stop or get worse?**  
If your nausea and vomiting don't stop or get worse, you should talk to your doctor. Your doctor may have to change your medication, or you may have to try a different medication. You may also have trouble with your thinking, or you may have trouble with your memory.

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**ASCO answers**  
**Understanding Immunotherapy**

**What is immunotherapy?**  
Immunotherapy is a type of cancer treatment that uses your immune system to fight cancer. It is a new type of cancer treatment that uses your immune system to fight cancer. It is not a new disease, but it is a new problem that can happen after you stop taking your cancer treatment.

**What are the types of immunotherapy?**  
There are several types of immunotherapy. The most common type is checkpoint inhibitors, which help your immune system to fight cancer. You may also have trouble with your thinking, or you may have trouble with your memory. You may also have trouble with your thinking, or you may have trouble with your memory.

**What are the side effects of immunotherapy?**  
The most common side effects of immunotherapy are changes in your thinking, memory, and concentration. You may have trouble remembering things, or you may have trouble concentrating on things. You may also have trouble with your memory, or you may have trouble with your concentration. You may also have trouble with your thinking, or you may have trouble with your memory.

**How is immunotherapy managed and treated?**  
There are several ways to manage and treat immunotherapy. The most common way is to use medications that help with your thinking, memory, and concentration. You may also have trouble with your thinking, or you may have trouble with your memory. You may also have trouble with your thinking, or you may have trouble with your memory.

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**ASCO answers**  
**Metastatic Breast Cancer**

**What is metastatic breast cancer?**  
Metastatic breast cancer is breast cancer that has spread to other parts of the body. It is a new type of breast cancer that has spread to other parts of the body. It is not a new disease, but it is a new problem that can happen after you stop taking your cancer treatment.

**How can I cope with metastatic breast cancer?**  
There are several ways to cope with metastatic breast cancer. The most common way is to use medications that help with your thinking, memory, and concentration. You may also have trouble with your thinking, or you may have trouble with your memory. You may also have trouble with your thinking, or you may have trouble with your memory.

**How is metastatic breast cancer treated?**  
There are several ways to treat metastatic breast cancer. The most common way is to use medications that help with your thinking, memory, and concentration. You may also have trouble with your thinking, or you may have trouble with your memory. You may also have trouble with your thinking, or you may have trouble with your memory.

ASCO ANSWERS is a collection of oncology approved patient education materials developed by the American Society of Clinical Oncology (ASCO) for people with cancer and their caregivers.

# One-page (front and back) introduction includes:

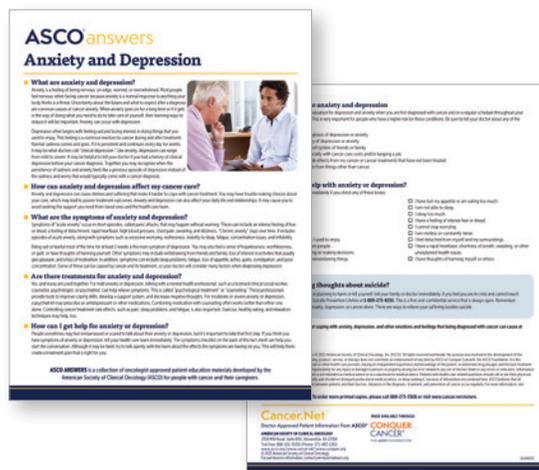
- Overview of the subject
- Questions to ask the health care team
- Words to know

## Fact Sheets Available for Download at [www.cancer.net/ascoanswers](http://www.cancer.net/ascoanswers)

- Anemia
- Anxiety & Depression
- Bladder Cancer
- Cancer Clinical Trials
- Catheters & Ports in Cancer Treatment
- Cervical Cancer
- Constipation
- Cutaneous Squamous Cell Carcinoma
- Diarrhea\*
- Effective Caregiving at Home
- Kidney Cancer
- Managing Pain
- Melanoma
- Neutropenia\*
- Non-Hodgkin Lymphoma
- Ovarian, Fallopian Tube & Peritoneal Cancer\*
- Palmar-Plantar Erythrodysesthesia
- Peripheral Neuropathy
- Radiation Therapy
- Rash
- Sexual Side Effects of Cancer
- Side Effects of Immunotherapy

- Stomach Cancer
- Thrombocytopenia
- Thyroid Cancer
- Understanding Complete Blood Count (CBC) Tests
- When Cancer Spreads to the Bone
- When Cancer Spreads to the Brain
- When the Doctor Says “Cancer”
- Your Fertility and Cancer Treatment

\*Available in Spanish (online PDF only)



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# ASCO<sup>®</sup>answers

## Guides to Cancer

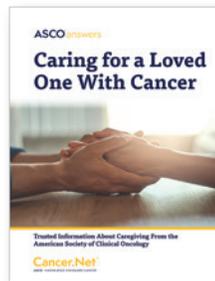
### Share with people who:

- Want to better understand their disease and treatment options and record details of their diagnosis and personalized treatment plan.

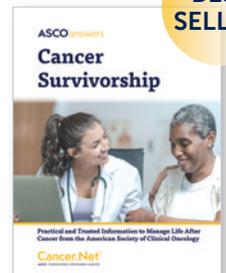
Most guides are available in Spanish at [www.cancer.net/ascoanswers](http://www.cancer.net/ascoanswers) (online PDF only).

These comprehensive guides describe diagnosis, treatment, side effects, and psychosocial effects.

☐ **ASCO Answers: Caring for a Loved One With Cancer** helps caregivers learn about their role and how to provide ongoing support as the patient's needs change. Includes workbook pages to help caregivers stay organized.

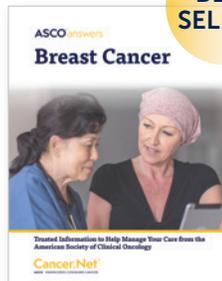


☐ **ASCO Answers: Cancer Survivorship** discusses the psychological, physical, sexual, financial, and work-related challenges of survivorship. It covers the importance of follow-up care and describes rehabilitation and support services. Includes blank treatment summary and survivorship care forms.

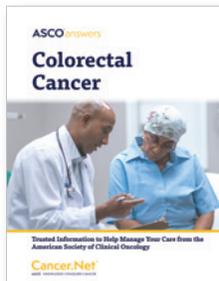


**BEST SELLER!**

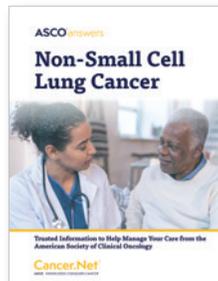
**BEST SELLER!**



☐ **ASCO Answers: Breast Cancer**



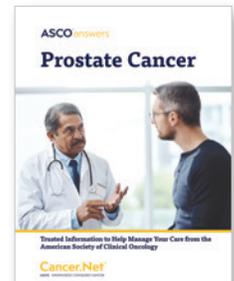
☐ **ASCO Answers: Colorectal Cancer**



☐ **ASCO Answers: Non-Small Cell Lung Cancer**



☐ **ASCO Answers: Small Cell Lung Cancer**



☐ **ASCO Answers: Prostate Cancer**

ASCO Answers Guides to Cancer are available in packs of 25 guides for \$20.

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**GUIDES** and **BOOKLETS** Today!  
**[www.cancer.net/estore](http://www.cancer.net/estore)**

# ASCO<sup>®</sup>answers

## Topic-Specific Booklets

### Share with people who:

- Want practical tips to help them address common concerns, regardless of cancer type.

All booklets are available in Spanish at [www.cancer.net/ascoanswers](http://www.cancer.net/ascoanswers) (online PDF only).



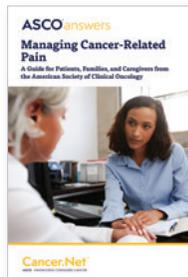
□ **Advanced Cancer Care Planning** helps patients and families understand an advanced cancer diagnosis and the treatment options available through the course of the patient's illness. It also helps them guide patients and their families through the necessary steps and highlights the importance of finding support through their health care team.



□ **Managing the Cost of Cancer Care** offers an overview of the main financial categories for cancer care, an easy-to-understand explanation of health insurance benefits, information about the Affordable Care Act and cancer, tips for organizing financial information, a list of financial resources, and a cost and insurance dictionary.



□ **Managing Cancer-Related Pain** explains the importance of pain relief, including the causes of pain and its diagnosis. Pain medications are covered extensively, including medication types, safe handling, and managing multiple prescriptions. Self-care and support methods are discussed, as well as how to effectively communicate with the health care team about issues with pain.



□ **Palliative Care** shows how supportive care is used to manage symptoms and side effects, help with practical concerns, address spiritual questions, and support family, friends, and caregivers. It also provides advice about accessing palliative care services, questions to ask the health care team, and a list of national organizations that can help.



**ASCO Answers Topic-Specific Booklets** are available in packs of 50 booklets for \$20.

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**Give Your Patients Trusted and Reliable Information**  
from the experts at ASCO



American Society of Clinical Oncology®

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