CancerNet Bulletin

Trusted cancer information from the American Society of Clinical Oncology

THIS MONTH ON CANCER.NET: The benefits and risks of PSA screening, tips for caregivers, cancer in teens, resources for head and neck cancer, and lots more!

April 2009

Cancer in Teens: Help With Coping

Coping with cancer as a teenager brings unique challenges and concerns, such as keeping up with school and wondering how your friends will react. These tips for teens with cancer can help, such as what to do after a diagnosis and how to talk with doctors and nurses. Learn more about the common types of cancer that affect teens. Before starting treatment, ask the doctor these questions about fertility, as treatment may affect the ability to have children later in life. Want to connect with other teens coping with cancer? Get this list of websites and online communities.

Must See

Talking With the Doctor About PSA Screening: Cancer. Net Associate Editor for genitourinary cancers Derek Raghavan, MD, PhD, helps men weigh the benefits and risks of a PSA screening test for prostate cancer.

Help for Caregivers: Feeling stressed from taking care of someone with cancer? Get these tips on caregiving and connect with other caregivers with this list of online resources. Find out more about different options for caregiving, such as home health care, and read how to be an effective long-distance caregiver.

Calling All Survivors: Submit your artwork for the 2010 Expressions of Hope calendar. We invite anyone who has been affected by cancer—patients, survivors, families, caregivers—to share their emotions through art and inspire others. Find out more about the artwork specifications and how to submit an entry.
After finishing treatment, getting follow-up care is important. Read what to know about **keeping track of your health** and **life after treatment**. If you missed school, read what to know when **returning to school after treatment**.

**Steffi Lietzke**  
*Embrace*  
Sister of Patient/Cancer Survivor, Rhadomyosarcoma

**Cancer.Net Feature Articles**

Practical, how-to information on a variety of topics for people living with cancer. The latest Features include:

**Patient Navigation: Getting Help With Cancer Care**
Need help getting connected to cancer services? Learn what a patient navigator does and how to find one.

**ASCO Expert Corner: KRAS Testing in People With Colorectal Cancer**
ASCO President Richard L. Schilsky, MD, explains what to know about the latest recommendation.

**Sharing Your Story**
Telling others about your cancer experience is a personal decision. These tips will help you feel more comfortable when sharing.

*Stay up-to-date on the latest Cancer.Net Features by subscribing to our RSS feed!* You'll need a feed aggregator such as Google Reader or Bloglines in order to subscribe. And don't forget that you can also check out 180+ other Cancer.Net Features.
that provide programs, services, and support to cancer patients and caregivers. People that register under this category are asked to provide a curriculum vitae or resume, outlining their advocacy roles and experience. To inquire about registration as well as ASCO's Annual Meeting Patient Advocate Programs, please contact patientadvocates@asco.org. The program for the ASCO Annual Meeting is available online at www.asco.org/annualmeeting for an in-depth look at the meeting sessions.

For more information on News and Events, use the blue navigation bar below to explore this and other sections of Cancer.Net.

Cancer.Net Podcasts

Free audio files that address a variety of topics important to Cancer.Net visitors, providing a new option on how to receive doctor-approved information.

Imberman Angels, with Laura Alexander
Hear how this organization can match you with a survivor of the same type of cancer for support along your journey.

Planet Cancer, with Heidi Adams
Listen to the Executive Director and Founder talk more about how young people with cancer can use the Web "to manage, share, and process the experience."

Have you seen...

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Latest Updates to Cancer.Net Guides to Cancer-Related Syndromes. Check out updates to some of the website's sections on cancer-related syndromes, including:

Attenuated Familial Adenomatous Polyposis
Familial Adenomatous Polyposis
Familial Malignant Melanoma
Gardner Syndrome
Nevoid Basal Cell Carcinoma Syndrome
Tuberous Sclerosis Syndrome
Werner Syndrome
Xeroderma Pigmentosum

Have questions about end-of-life care? Find answers in these updated sections:
Advance Directives
Preparation at the End of Life
Understanding CPR and DNR

Quick Links

Direct access to key sections of Cancer.Net:

- Newly Diagnosed? First Steps to Take
- Find an Oncologist
- Clinical Trials
- Managing Side Effects
- Survivorship: Next Steps to Take

The ASCO Cancer Foundation

The cancer information on Cancer.Net is made possible by The ASCO Cancer Foundation. To make a world of difference in cancer care, please donate to The ASCO Cancer Foundation in support of patient and public education programs.
Cancer.Net Bulletin is a monthly newsletter highlighting new content and features of the American Society of Clinical Oncology's (ASCO) patient information website, Cancer.Net (www.cancer.net). Cancer.Net brings the expertise and resources of ASCO, the voice of the world's cancer physicians, to people living with cancer and those who care for and care about them. ASCO is composed of more than 27,000 oncologists globally who are the leaders in advancing cancer care. All the information and content on Cancer.Net was developed and approved by the cancer doctors who are members of ASCO, making Cancer.Net the most up-to-date and trusted resource for cancer information on the Internet. Cancer.Net is made possible by The ASCO Cancer Foundation, which provides support for cutting-edge cancer research, professional education, and patient and family support.